Here’s how to explore books so that you turn reading moments into Brain Building moments, too!

Make reading a back-and-forth activity.

A. Interact and engage. Don’t read to a child, read with him or her. Ask questions and let your child turn the pages.
B. Having a discussion builds language and literacy skills, as well as connections in the developing brain.

Connect the book to real life and the larger world.
The excitement in your voice is engaging and is an invitation to become part of the experience.

A. Are the characters like people they know?
B. Did something that happens in the book happen to them?
C. Share what you know about where the story takes place or something in the book that sparks interest.

Introduce new concepts.

A. Explain how a book reads from front to the back or left to right.
B. Point out that every sentence starts with a capital letter and ends with a punctuation mark.
C. Hunt for exclamation points. They mean that something exciting has happened in the story!

QUESTIONS TO ASK:

★ What does this picture tell us about what might happen next in the story?
★ Did that ever happen to you?
★ What might happen next?
★ Where did he go? Why did she do that?
★ How do you think that made her feel?
★ What was your favorite part? Why did you like it?
★ I wonder if…?
★ That was a great question. Do you have more?
★ Tell us how you used these ideas or share some of your own at: BrainBuildingInProgress.org